Minutes

(Digitally recorded)

EC3 Meeting / May 7th & 8th 2015

LBJ Building Basement Conference Room B-35, 650 West State Street, Boise, ID 83702

Attendees:

Members: Sherry Iverson, Shannon Dunstan, Kathy McGill, Christy Cronheim, Ellen Neff, Gary Rillema, Kris Spain, Emily Petersen, Bill Foxcroft, Holly Whitworth, Judge Greg Culet, Roger Sherman, Melissa Carico, Justin Coleman, Jeanne-Marie Kopecky (for Paula Mason), Natali Pellens, David Allen, JoLyn Sellin, Ericka Rupp, Senator Fred S. Martin

Excused: Beth Oppenheimer, Kent Hobbs, Nancy Luevanos, Omair Shamim

Guests: Jacquie Watson, Kandee Yearsly, Carol Grise, Matt Wimmer

Staff: Sue Harpold, Katie Stoneberg

Meeting Called to Order at 11:02am

Co-Chair Sherry Iverson opened the meeting and welcomed new council members JoLyn Sellin and Ami Owen and EC3 Admin Assistant Katie Stoneberg. Remaining members were introduced with identifying titles and agencies.

Video of TED Talk by Dr. Nadine Harris (16 Minutes) & Video Discussion & General ACES Discussion – Sherry Iverson

ACE Discussion: Sherry asked for ideas and thoughts about the presentation:

Ellen: plans to show the video to her ECE students

David: many parents are living out the effects of trauma and toxic stress and yet don't have information on the adverse health effects

Holly: recently provided training for 12 early care and learning staff, and none had heard of the ACE study. Holly experienced a strong reaction from one participant, who felt that it was inaccurate information and that nothing could be done about toxic stress. Holly feels that lack of information/misinformation about ACES is an issue that needs to be addressed.

Roger: sometimes the data can seem fatalistic. How do we build protective factors so that families are not "stuck" in the paradigm? Roger also finds lack of knowledge about ACEs at the Strengthening Families conference. Walla Walla has an effort around ACES called "Resiliency Trumps ACES", and Roger feels this is a great way to send a positive message.

David: resiliency is the key word; we need to focus our efforts around that.

Judge Culet: reported that ACES is being infused into a system that was not designed to intervene early. Since being on this committee he takes advantage of every opportunity to educate judges and attorneys, most attorneys are unaware of ACES. As a magistrate he saw ACES play out over generations. Our courts are slow: Idaho has been historically slow in responding to these issues. Up until a few years ago Idaho did not have

domestic violence courts, or a civil protection order. He learned about domestic violence court from a Nome, Alaska magistrate. He recommends that EC3 have a practicing family court judge on EC3 so that we can connect our efforts.

David: shared research on the effect of toxic stress on a developing neurological system, however even small doses of love and caring can have a large impact on a child's development.

EC3 ACE Survey:

Roger reported that the survey is focused on gathering information on what people know about ACES. The committee needs to meet to determine a distribution plan, and a plan for analysis. Ted McDonald at BSU is working on ACES as a part of his work with the MIECHV evaluation component. Roger checked on the Behavioral Risk Factor Survey (BRFS) to see what questions were asked, and shared that there is an ACE module available to add to the BRFS. Idaho considered adding it several years ago, but it has not been added. Chris Murphy, who directs the BRFS efforts, indicated that it would cost \$2500 per question for additions to the survey.

Sherry asked if Roger felt there was a willingness in the state to add questions to the BRFSS and there was discussion about swapping out some questions.

Holly: asked if there was a possibility of adding some ACES questions to the PRATS. Kris indicated that safe sleep is being added and the tool is at its capacity.

Sherry: would like to have Kris and Jacquie present on this at the next EC3.

Break/Lunch

Carol Grise - Aim Early Idaho - Infant Mental Health Endorsement

(Hand out of PowerPoint was provided and is also available on the portal http://healthandwelfare.idaho.gov/ec3 – please there for further information on the details of the presentation.)

- What can be done so that there are more individuals with Infant Mental Health Endorsement?
- The cost of Endorsement varies a list of the costs for all levels can be found at aimearlyidaho.org
- The cost of Reflective Supervision varies a list of costs can be found at aimearlyidaho.org
- What's the difference between a payment code and reimbursement for the services of an endorsed individual?
- Big systems may not be willing to put the funding into endorsements if there is no reimbursement.
- EPSDT needs to be a part of the deciding conversation.
- Melissa states that Medicaid has had a transition in leadership and EC3 needs to develop a recommendation and meeting with Medicaid. Melissa states she is willing to facilitate that meeting.

Matt Wimmer - ShiP and Medicaid Expansion (follow up from last meeting)

(Presented by PowerPoint and available on the http://healthandwelfare.idaho.gov/ec3 – please refer there for further information on the details of the presentation.)

- To get updates on information for Idaho Medicaid and Healthy Connections council, members can call in to the Idaho Medicaid Home Collaborative meetings as they are open to the public.
- Basic plan primarily well children, pregnant women, and some low income adults.
- Enhanced plan Aged and/or disabled, children with special medical needs, and women with breast and cervical cancer.
- Base Tier Looking at changing referral requirements this is being piloted with school health clinics (one
 in Meridian and another in Sand Point). The referral requirement has been taken away. Providers will
 report on what treatments they did or care plans they have to the primary care providers rather than
 having to get a referral up front. The base tier is primary for Providers who are on their way to becoming
 a Patient Centered Medical Home.
- Top Tier- Providers who are already recognized or who have a Patient Centered Medical Home through the National Committee for Quality Assurance or some other recognition similar to the Home Health Group. When Providers are connected to The Idaho Health Data Exchange they are able to exchange information and coordinate care at a very high level.
- This is hoped to be implemented by February 2016.

Break

Approval of Meeting Minutes – Justin Coleman: No corrections or errors were reported. Motion to approve meeting minutes was made by Gary Rillema and seconded by Shannon Dunston. Vote was unanimous. Minutes from the February meeting were approved.

Justin stated he has not received emails about the meeting or agenda, and did not know that the location had been moved. He asked that contact information be double checked and updated.

EC3 Survey Results - Sue Harpold

(Presented by PowerPoint - available on the portal http://healthandwelfare.idaho.gov/ec3 - Please refer there for further information on the details of the presentation.)

Sue presented a PowerPoint showing the results of the survey that was taken at the end of the EC3 meeting in February 2015.

- Sue, Sherry, and Katie will get together to discuss the location of future meetings. Finding parking downtown is difficult.
- Bill Foxcroft asked if the Governor knows what EC3 does. Sue reported that a yearly report is compiled and submitted to the Governor.
- Bill asked whether what EC3 does is important to anyone other than the members of the council; Emily responded that there are a lot of people that do not know who EC3 is or what it does. Emily says that she has spoken with people at different times in which they have mentioned the Crying Plan or other projects and did not know that they originated from EC3.
- Group discussion regarding EC3 having more influence and more of a voice at the legislative level in order to get the word out about what the council does. Sue stated that we have Senator Fred S. Martin and Representative Reed DeMordaunt both of whom are on the Council and are valuable assets. They can assist us if legislation is proposed that would affect children/families.

- Sue stated a strategy is written into the grant to present the ACEs data to the legislature. This is something that could happen at the next legislative session if it is worked on this year.
- Emily suggested we make a goal to present at the legislative session every year. She stated it is important to advocate for EC3.
- Justin suggested that a subcommittee be formed to develop ideas and a structure for outreach to local
 communities as well as the legislature so the EC3 can begin to educate the public about the Council. The
 subcommittee will present the plan at the next EC3 meeting. Justin stated he is willing to coordinate this
 subcommittee. An email will be sent out to the council members for volunteers to be on this
 committee.

Continuous Quality Improvement Activity: - Sue Harpold

Important Components of EC3 meetings:

The Council was asked to prioritize/highlight agenda items that were felt to be most critical for the meeting agenda:

- "Round table" reports from members
- Reports from standing committees: Data & Resources, Education & Child Care, Head Start, Infant Toddler, Home Visiting & Parent Education, and Governance.

It was suggested that this decision be made by the Governance committee and presented at the next meeting.

Changes in 2015/2016 Grant Activities: - Sue Harpold

Two activities originally included in the 2012 Grant were presented for proposed change:

Activity 1: Development of a compendium of statewide developmental screening tools.

- Christy and Sue suggested that:
 - Idaho will complete a Compendium of developmental screening tools used by early childhood programs across the state.
 - This information will be posted on the Clearinghouse.
 - Training videos for different screeners will be posted on the clearing house as well (if feasible).
- Shannon suggested linking the training videos to the screener's website, so that if the training changed, the information would remain updated.

The council agreed to the proposed changes.

Clarifications in Grant Activity: - Sue Harpold

The following activities written in the 2012 Grant needed to be clarified:

• Through a facilitated process, communities of Twin Falls and Kootenai Counties will complete a self-assessment. – It was decided this has already been completed.

• Collaborate with American Academy of Pediatrics to find ways to safely discuss the importance of the first 1,000 days of life. – It was decided that this has been completed. The Council decided that this will remain an important focus area as many people still do not know the importance of the first 1,000 days. The council decided to add the word "continuously" in front of the word "collaborate" so that this effort would be ongoing throughout the grant funding period.

Ounce Video: Change the First Five Years and You Change Everything - Sue Harpold.

Can be viewed at: https://www.youtube.com/watch?v=GbSp88PBe9E

Adjourned at 4:30pm

MINUTES

EC3 Early Childhood Coordinating Council - DAY 2 - May 8, 2015 9:00am

Meeting Called to Order at 9:00am

Co-Chair Sherry Iverson called the meeting to order. The council discussed the previous day. Gary stated he would like to see EC3 referenced in articles throughout the state that discuss Adverse Childhood Experiences, so that EC3 becomes recognized as a statewide group which recognizes the impact of adversity in children and advocates for early intervention programs.

Status of Uniform Interstate Family Security Act in Idaho - Kandee Yearsley - Child Support Bureau Chief

(Hand out of PowerPoint was provided and is also available on the portal http://healthandwelfare.idaho.gov/ec3 – please there for further information on the details of the presentation.)

The concept of the Uniform Interstate Family Security Act (UIFSA) is to have one child support order per family, so that no matter what state or country the parents and children live in, there will be one order to support the child(ren). This bill comes out of the Uniform Law Commission.

In 2015 all state legislatures have a session. The Law Commission wants this bill because it creates uniformity in this country and with other countries. The Child Support Program did not draft the bill. This bill must pass during this legislative session or there will be a penalty. The bill passed at the Senate level and was stalled once it reached the house. The House then vetoed the bill and Child Support then had 60 days to remedy the issue or the federal funding would end. \$16,000,000 of the Child Support budget comes from federal funding. Child Support has met with the legislature and made corrections to the proposed bill. A special legislative session has been called and Kandee is confident the bill will pass.

Membership update - Sherry Iverson

Some members were notified that their appointment will expire in August 2015. Applications for Re-Appointment need to be submitted as soon as possible. Blank applications were handed out. The council does need new parent recruitments especially in the areas of Region 6 and Northern Idaho. Shannon requested that Sue draft a letter detailing the obligations for membership. Shannon will then send to the school districts in the needed areas. Melissa also stated she has a couple of parents in mind and stated she will reach out to them.

Program Report: SSIP Phase II - Christy Cronheim - IPT Program Manager

(Presented by PowerPoint and available on the http://healthandwelfare.idaho.gov/ec3 – please refer there for further information on the details of the presentation.)

- Phase I was completed April 1, 2015.
- Phase II (the planning phase has started. To be completed by February 2016.
- Council members will be contacted to be involved in some of the work groups.
- All phases must be completed and implemented by February 2020.

Break

Program Report: Head Start Collaboration Office - Bill Foxcroft - Idaho Head Start Association Director

(TANF Additional Service handout was provided and available on the http://healthandwelfare.idaho.gov/ec3 – please refer there for further information on the details of the presentation)

Families participating in TANF must have at least one goal in 7 program areas. Head Start must track the family's progress towards achieving their goals. Of the 200 families, Head Start delivered a total of 6,831 services to those families. There are 13 programs and they are distributed across the entire state of Idaho. The average cost per slot per year for Head Start is \$8,000.00

Bill stated there was an opportunity to apply for a Health Professional Opportunities Grant to get TANF and other low income families into a health professions career. This is the perfect opportunity to help low income families in Idaho become self-reliant. The grant is a 5 year grant and partnership supports and linkages will be provided. A decision was made not to apply for the grant.

Sue asked if there is discussion in Head Start about doing routine screenings for domestic violence. This is not a performance standard. Bill stated that Omair is currently working on training for "Healthy Moms, Healthy Babies" and he would have more information about the domestic violence screening once this is completed. Bill stated that the Head Start Association is in the process of getting a grant in order to disseminate more information about domestic violence as well as trying to identify more families impacted by domestic violence.

Bill announced that Eastern Idaho Community Action Partnership Head Start did receive an Early Head Start Child Care Partnership Grant.

Program Report: SSIP/ SiMR, Part B – Shannon Dunstan – 619 Coordinator, State Dept. of Education (Presented by PowerPoint – Currently unavailable)

- Phase I was completed April 1, 2015.
- A comprehensive and ambitious yet achievable multiyear plan for outcomes with students with disabilities aged from 3-21 years of age has been completed.
- The Department of Education identified the performance indicators that could be impacted. Data Analysis shows that the area of greatest need is Reading.
- State Department of Education is working to get all information compiled so that everyone is working together using the same information for all departments.

- Working on a comprehensive literary plan, coordination of the professional development system, accountability, and organization.
- Need to improve on resources and scheduling, and collaboration.
- Tony will come to the next meeting to provide information on the alternate assessment.
- Phase II- the planning phase has started. To be completed by February 2016.
- All phases must be completed and implemented by February 2020.

Program Report: Maternal & Child Health – Kris Spain & Jacquie Watson

Kris stated that Idaho WIC program put out a response to the death of the 10 week old infant in South Eastern United States where the mother had been diluting breast milk. WIC stated that they do not endorse diluting formula or breast milk and that a referral for other sources of food could be made in times of shortages. It is important to discuss meeting the full nutritional needs of the child with mothers of infants. WIC is getting ready to make an award for a eWIC benefits contract Project Planning Coordinator. They are starting the multiyear project of transitioning from a paper voucher to electronic vouchers. The Planning Coordinator will be assessing what is happening with SNAP and WIC in Idaho and assisting in building a plan within the next 12-18 months. This person should be onsite by mid-July.

The Women's Health Check Program and Breast and Cervical Cancer Screening Program were able to take a portion of funding and support a data enhancement for breast and cervical cancer screenings. Data collection for tobacco use was specifically built into the enhancement so that a referral to specific cessation activities can be made. This data can then be sent to the Reproductive Health Population Group.

Maternal Early Childhood Home visiting expansion sites are currently in the process of conducting service delivery readiness assessments to determine if the programs are ready to begin recruiting families and delivering home visiting services. District 5 conducted a readiness assessment and it went really well. The program has hired and trained great staff and is ready to be up and running. Service delivery is hoped to be running completely within the next 30 days. This will expand the capacity for home visiting services from 120 through the existing formula grant to roughly 450-500 families served across the state.

Idaho is in the process of adding SCID or Severe Combined Immunodeficiency (bubble-boy disease) screening to the Idaho newborn screening panel based on recommendations from the Advisory Board for Inheritable Diseases. This has been vetted through the Idaho Perinatal Project and Maternal & Child Health has their support as an advisory body to move forward with adding this condition to the newborn screening panel. There is a 40% cost increase for this panel. Medicaid will reimburse this at 100% and Maternal & Child Health is waiting to hear back from private health insurances. This is hoped to be implemented by November 2015.

Regional Early Childhood Coordinating Committee Report – Holly Whitworth – RECC Chair & Emily Petersen – Parent representative Region V

In April 2015 a letter went out from Home Visiting Committee went out to all of the regional RECCs concerning the MIECHV Home Visitation Program. The committees were asked to invite a member of the home visiting committee to be on the RECC committee and to start collaboration. Most of the regions have received the letter; there were 2 regions (region 3 and region 6) that did not receive the letter so a follow up will be made to make sure that they do receive the letter. On the regional level RECC is trying to make sure that the regions know about

the new programs that are happening and those members of the Home Visiting programs are a part of the regional committees.

Each region is currently working on their budget. Part of what the budgets entail is taking forward some of the work from the strategic plan. Budgets are due by June 12th for 2015/2016.

There is an opening for a new RECC Chair representative to the EC3 Council. A slate of candidates is being put together and all of the regional chairs will vote on this at their annual meeting.

The RECC annual meeting is scheduled for June 25th and 26th 2015 in Boise, Idaho. The purpose of this meeting is to get all of the regional chairs together for networking, voting for the new RECC chair, and to go over the bylaws, policies and procedures, and budgets. RECC will also be working on messaging and advocacy for early childhood development and education in the state of Idaho.

Regional Reports:

Region I:

- Working on professional development. They have a subcommittee put together as part of their RECC and have been working with parents as well as providers on training on Safe Sleep, The Crying Plan, and Self-Care for Providers, and Soothing Techniques for children.
- Planning on doing Block Fest in July.

Region II:

- Working with the students from the University of Idaho to provide a Block Fest at their Kindergarten Boot Camp.
- New Co-chair Danielle Scott.

Region III:

- Had their annual Dia De Los Niños event.
- Waiting until fall for Block Fest.

Region IV: No report.

Region V:

- Still struggling to find a Co-chair.
- Child's Day Out event was held in April. There was less family participation this year however the event is considered a success.

Region VI: Had IPUL mini conference and were able to put on a resource swap for families of children with special needs.

Region VII:

- Block Fest was held in March during The Week of the Young Child and Child Abuse Prevention Month.
- Vision screening training was received in 03/2015 goal of the Health and Assessment subcommittee was to purchase vision screening kits for infants, toddlers, and preschool aged children and have them for agencies that are members of RECC. 2 kits housed in the upper valley (one preschool and one toddler) and 2 kits housed in Idaho Falls.
- Mental Health first aid training coming up on May 15th.

Sherri announced that she has been notified by the Idaho Community Foundation that they have accepted our request to re-program the \$7,877.08 that was held by them in the Early Childhood Care and Learning Fund to the local RECC committees. These funds will be distributed after July 1, so that they can be spent within the next state budget year. Sue has communicated with Elly at ICF regarding the release of the funds. Sherry has asked that this be put on the agenda for the RECC annual meeting in June to talk about why the money was in the Community Foundation and why it is being moved to the RECCS and what their role is.

Lunch & Networking - Sherry Iverson

A signup sheet for an EC3 Handbook was passed around so that those members that do not have a handbook can receive one. – Katie will make copies, and assemble and distribute the handbooks.

Home Visiting Committee Report - Gary Rillema

Home Visiting Expansion in Idaho is very busy. The next steps are to schedule mini- summits in the hubs in order to discuss messaging. Infant Mental Health will be a part of this dialog. Gary stated he will schedule a transitional meeting with Holly and have a conference call with the committee and get a timeline for the mini- summits.

Bill asked how the families are identified. Gary stated pregnant women and new mothers are automatically referred through WIC, newly identified pregnancies are referred when other criteria such as single parenting, drug abuse in the home, domestic violence, multiple pregnancies, etc. are met. Family Planning and Early Head Start also make referrals.

Education & Child Care Committee Report – David Allen

A website prototype <u>idahoearlycareandeducation.weebly.com</u> was created through Weebly.com to allow job seekers to post a resume as well as to let employers post a job listing. It was suggested that applicants do not put any personal information on the site for protection. There is an option to purchase the domain for \$30.00 per year. If the website is purchased this will removed the ads and make the webpage more professional and official looking. The motion to purchase the domain for the website was seconded and approved. David will send the purchasing information to Sue. The details of who will maintain the website will be decided at a later date.

David stated there are 1,500 copies of the Core Competencies and they are ready to be distributed.

Round Robin Reports from Agencies - All

EC3 meeting survey was handed out to be filled out by members.

Kathy McGill reports:

- Open enrollment for 2016 begins November 1st and runs through January 31st. in September carriers will send out notices to those enrolled informing them of any changes in their plan, what their premiums will be, changes in deductibles, or out of pocket costs.
- The Department of Insurance's Annual Health Survey is completed every year by all carriers licensed in Idaho who sell some type of health related insurance. The survey has all of the different types of health plans offered and what the enrollment was at the end of the year, claim denials, etc. Enrollment will be broken down by ages so it will be known how many children under the age of 19 were in rolled in 2014 as opposed to earlier years. Kathy will report on this at EC3's August meeting.
- By the end of April 2015 there were a little over 85,000 people who had enrolled in a plan for 2015 and had also paid their first premium. This put Your Health Idaho in 4th place nationwide for enrollment on a per capita basis. The 3 states ahead of Idaho are all using the federal exchange so among states that have their own exchange, Idaho had the best enrollment.

Judge Greg Culet reported on Safe Baby Courts.

• Safe Baby Courts are relatively new and are developed around child protective actions. The focus of the court is to increase awareness of those involved and work with maltreated infants to address the adverse impact that the court system can have. Safe Baby Court focuses on 0-3 aged children. Greg thinks it is a good idea to have a designated judge with this as part of their caseload on the Early Childhood Coordinating Council.

Natali Pellens reported on visits with legislators. :

• At the end of January members of the Developmental Disability Council went to visit with legislators. One parent on the council was able to meet with 27 Representatives and Senators. The group was able to get behind the Sign Language Licensure that was later vetoed by the Governor. This will be brought before the legislature again next year. Senator Fred S. Martin was not able to provide insight into why the bill was vetoed. This will be addressed again at the next EC3 meeting.

Jeanne-Marie Kopecky reported that Idaho Educational School for the Deaf and Blind is having an Early Childhood Day. Parents, preschool teachers, and infant/toddler specialist will be invited to the Gooding campus on June 16th to learn about the services offered for deaf and blind students.

Christy Cronheim reported that The Infant Toddler Program has modified the Family Survey and the ways in which they distribute the survey and analyze the data. The survey was implemented on May 4, 2015 and the results will be discussed at the next EC3 Meeting.

Shannon Dunstan reported that several EC3 Council members, a parent, and a graduate student will be going to Connecticut the last week in May to be a part of an early childhood professional development cohort with other states to discuss how a comprehensive plan for professional development in early childhood could be created for the state of Idaho. This will be reported on at the next EC3 meeting. Shannon will be conducting Social/emotional trainings around the state this summer. Boise sold out in 3 days so a 2nd session has been opened. There are 455 people signed up across the state.

Roger Sherman reported on the Idaho Children's Trust Fund Conference which was held in the middle of March. There was a pre-conference meeting of the Abusive Head Trauma Task Force. The Crying Plan has been translated

into Spanish. The Spanish website is scheduled to go up in May and there have been discussions about having The Crying Plan translated into Arabic as it is the 3rd most used language used in the state of Idaho.

- A push was made during child abuse prevention month in April to have more people trained as Stewards of Children. There will be more training done over the next 2-3 years.
- Roger did a webinar for the Home Visiting Program around the Crying Baby Plan in March. Home Visitors
 are looking at how they will build this into their programs.
- A professor at Lewis and Clark State College that is very interested in using a small trust fund grant to train nursing students on Stewards of Children. She is working on building this into a kind of foundational program.

Melissa Carico reported that an email will be sent to EC3 members so that interested members can call in for the Idaho Medicaid Home Collaborative meetings. This will be sent by Katie.

- Well into the ADHD (Attention Deficit Hyperactivity Disorder) Learning Collaborative. Data is starting to come in and a CHADD (Children and Adults with Attention Deficit Hyperactivity Disorder) will be started in Boise and in Twin Falls. This will be addressed at the RECC meeting in June.
- Melissa suggested that EC3 Invite the new Medicaid Program Manager to update the Council on the Jeff
 D. lawsuit. The individual will be able to provide insight and guidance on those that will be impacted.
- A new project around Vision has been started. This will be centered on pre-K, Kindergarten, 1st grade, 3rd grade, and 5th grade. The school districts have been asked to identify the special health care needs and then to screen children. This data will be collected and analyzed.
- The CHIP (Children's Health Insurance Program) grant will be ending in February 2016. The current work is starting to wrap up and there are plans to continue the quality improvement work.

JoLyn Sellin reported:

- A new waiver has been implemented in Idaho for Nurturing Parenting Classes focusing on family group decision making.
- Working on a new Case Record Review process that will be implemented August 2015.

Adjourned at 2:12pm